

LANDMARK ARTS CENTRE

Freelance Morning Movement Tutor – Yoga, Dance, Play & More

Location: Landmark Arts Centre, Teddington, TW11 9NN

Contract: Freelance, hourly, part-time

Teaching Time: 1- or 1.5-hour sessions, with 10 sessions per season

About Us

The Landmark Arts Centre is a dynamic multi-arts venue in South West London, based in a beautiful Grade II* listed building. Celebrating 30 years of creativity, culture and community, we offer a year-round programme of classes, workshops, performances and special events that bring people together through the arts.

Role Overview

We are inviting expressions of interest from freelance tutors and facilitators to lead **weekday morning sessions** focused on **movement, wellbeing and energising the day**.

We're particularly interested in practitioners with experience in:

- **Yoga or movement**
- **Dance or dance fitness (all styles)**
- **Creative movement, play or somatic practices**
- **Mind-body or mindful breath-based approaches**

Sessions might be targeted at adults, older adults, parents/carers, or intergenerational groups – and could include drop-in formats or short courses.

Key Responsibilities

- Design and deliver inclusive, welcoming morning sessions that support wellbeing, energy and community connection
 - Facilitate physical activity suitable for a range of fitness levels and abilities
 - Maintain a safe, accessible and supportive environment
 - Collaborate with our Creative Learning Team to evaluate impact and participant experience
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Requirements

- Professional training or accreditation in your chosen movement discipline (or equivalent experience)
 - Experience delivering group sessions in community, arts or wellbeing contexts
 - Confident facilitation style and a warm, encouraging approach
 - Enhanced DBS check (or willingness to obtain one)
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Application Process

To apply, please complete [the online application form](#) with your CV and full details explaining the morning workshop or event you propose from your relevant experience and expertise.

Applications will be reviewed and responded to within 2-3 weeks from the time of submission. The Landmark Arts Centre reserves the right to close applications early if suitable candidates are found.

Should you have any questions about making an application, please contact the Creative Learning Team at learning@landmarkartscentre.org.